

### Written Assignment: Module 3

Be sure you have read all the assigned material and reviewed the web resources for module before starting the assignment. Students are strongly encouraged to use all supplemental readings, web sites, and learning activities. Once you have completed the assignment, please submit to the designated drop box in Learn@UW.

Please submit your assignment as a Word file. Please set the page to 1 inch margins and use an 11 or 12 pt font (Arial or Times Roman). Be sure to save your assignments with your last name and course number in the file name (e.g. smith\_course number).

### Motor Behavior Homework

Try Non-dominant hand juggling

Place Two tennis balls in non-dominant hand

Toss upward and when reaches peak, toss second tennis ball; catch first, then toss, catch second then toss

Continue this pattern for 10 minutes

Record the highest number of successful catches you make

		Points Possible	Points Received	Comments
Overall Format	Followed assignment requirements of order, typewritten, few errors	2.5pt		
Experiment results	Record the highest number of successful catches you make	1 pt		
Answered questions thoughtfully and completely:	Can you conclude that you learned how to juggle two tennis balls with your non-dominant hand? Why?/Why not?  ☐ If up until the 9 minute mark you only caught the ball twice, then you suddenly caught 6, does that mean you learned how to juggle? Why? / Why not?  ☐ What factors might affect your performance and learning?	6.5 pts		
Total Points		10pts		